

## How Quickly Do Stocks Begin to Bounce Back?

Sharp market declines can be painful, but stocks tend to bounce back relatively quickly.

### 10 Worst Market Drawdowns Since the 1960s

Cause	Max Drawdown	# of Months To Hit Bottom	# of Months To Break Even	Returns (%) After Reaching Bottom		
				After 6 Months	After 1 Year	After 3 Years
Kennedy Slide/Flash Crash (1961–1962)	-27.97	6	14	20.45	32.66	16.65
Vietnam Worries (1968–1970)	-36.06	18	21	22.80	43.73	15.92
Nixon Shock (1973–1974)	-48.15	21	69	29.74	39.36	15.49
Rate Hikes to Fight Inflation (1980–1982)	-27.11	20	3	44.14	58.33	22.35
Black Monday (1987)	-33.51	3	20	19.26	22.78	13.69
Iraq Invaded Kuwait (1990)	-19.92	3	4	27.81	29.10	15.97
Dot-com Bubble Burst (2000–2002)	-49.15	31	56	11.49	33.73	15.47
Global Financial Crisis (2007–2009)	-56.78	17	49	52.75	68.57	26.54
COVID-19 Pandemic (2020)	-33.93	1	5	44.67	74.78	20.86
Inflation Returns (2022)	-25.30	9	15	15.48	22.06	--
<b>Average</b>	<b>-35.79</b>	<b>13</b>	<b>26</b>	<b>28.86</b>	<b>42.51</b>	<b>18.11</b>

6 months  
after hitting a  
low, stocks  
have returned  
**29%**  
on average

As of 12/31/24. **Past performance does not guarantee future results.** A drawdown measures a peak-to-trough decline in the market. Returns for less than one year are not annualized. Indices are unmanaged and not available for direct investment. Data shown is for the S&P 500 Price Index, which is a market capitalization-weighted price index composed of 500 widely held common stocks, and does not include the reinvestment of dividend payments. Data Sources: Morningstar and Hartford Funds, 3/25.

**Talk to your financial professional to learn more about maintaining perspective during times of volatility.**

Investing involves risk, including the possible loss of principal.

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